

EMPOWER THE TEAM ALL YEAR ROUND



TEAM BUILDING



DEVELOPMENT



EVENT+



WE GET PEOPLE MOVING



— AND CREATES MOVEMENT IN PEOPLE

At CoastZone, we believe that happiness and employee engagement are key to driving results and ensuring the resilience of our own and our customers' businesses.

Consequently, we are structured around three business areas designed to support teams and organisations on their development journey 24/7 - all year round. Our goal is to create value and momentum by focusing on people.

Our work is built on a solid foundation of active learning, where all our activities are connected to movement and experiences. We believe that knowledge and theory must be felt and experienced before it really takes root. That's why we prioritise training, shared experiences and activity: so we can translate knowledge into concrete behaviour.

We are dedicated to fostering a culture where learning and engagement go hand in hand, and we look forward to supporting you and your organisation on your journey.

TRENDS AND TENDENCIES

The way in which we work prioritises team activities and develops teams and leaders, and it has undergone major changes following COVID-19, global conflicts and political upheaval. The world has brought a new unpredictability to everyday life.

Our working lives and social interactions have changed significantly. Meetings are no longer just meetings - they have taken on new meaning and our need for shared activities has become more nuanced.

To adapt, we need to find new ways to connect through openness and creativity.

THE WORLD AROUND US AFFECTS THE WAY WE WORK AND SOCIAL INTERACTIONS

YES PLEASE TO INVOLVEMENT AND GOOD EXPERIENCES

There is a growing awareness of the importance of involvement and quality time together. Companies invest in activities that promote open communication, trust and collaboration. At the same time, we also see a search for fun and security that takes the focus away from the seriousness of everyday life and the hustle and bustle of operations.



NATURE CALLS

Outdoor activities: More and more people are choosing to organise team building activities and development in nature, which not only promotes teamwork but also contributes to mental and physical health. Activities such as hiking, kayaking or outdoor workshops are popular.

AT THE SAME TIME, THE GREEN AGENDA, CARBON ACCOUNTING AND FOCUS ON DIVERSITY HAVE ALSO PLAYED A CRUCIAL ROLE IN THIS DEVELOPMENT



LESS EXTREME AND MORE ROOM FOR EVERYONE

Inclusion and diversity: Team building increasingly focuses on inclusion, so all employees feel welcome regardless of background, preferences or abilities. Flexible activities: Activities are customised to employees' needs and interests in order to create a more inclusive experience. Team building is now more than ever about wellness, community and adapting to the modern workplace.



FROM HOME OFFICE TO COMMUNITY

With COVID-19, working from home and a more digital everyday life, we see the need for more and more social events that emphasise unity and relationships. Quite simply, we aim to strengthen bonds between employees and create a stronger team culture.

PRIORITISING TIME TOGETHER

Quality over quantity: Companies tend to prioritise the quality of the time employees spend together. This can include strategic team building activities that are not only fun, but also have a specific goal of increasing collaboration and productivity.



TEAM BUILDING



INDOOR / 1½ - 3 HOURS



COMMUNITY / INSIGHT / CULTURE /

ESG UNITY

Rally the team around sustainability and create change together

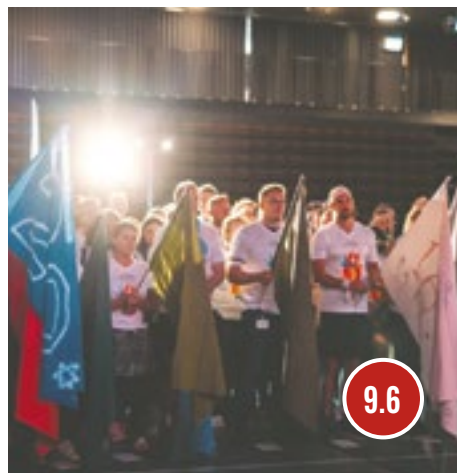
Make ESG harmless with this team activity. With ESG Unity, you engage in green initiatives and contribute to a culture that promotes responsibility.

Create change that extends beyond the office and strengthens team bonds. Let's make a difference together!

With ESG Unity, you strengthen the community, break down silos and ensure focus on common goals.



From DKK 17,000 for 20 participants
Thereafter per participant from DKK 475



COMPETITION / MOTIVATION / PULSE

THE WINTER GAMES

Light the flame and join us for fun and challenging indoor activities that strengthen collaboration

The Winter Games offer fun indoor activities that strengthen collaboration and team spirit. Challenge each other in creative thinking and strategy and create unforgettable memories. Perfect for departments or entire organisations! Throw yourself into an activity that is guaranteed to boost energy and is a shared competition with room for everyone.



From DKK 26,750 for 50 participants
Thereafter per participant from DKK 415



CREATIVITY / COMPETITION / COMMUNITY

PLAYGAME

Discover how LEGO and play can transform team dynamics and boost creativity

Combining collaboration and creative challenges that promote innovation, trust and community, Playgame is a fun activity that fits into any programme. Avoid heavy and boring presentations. Let participants immerse themselves in creative processes and a playful universe.



From DKK 7,600 for 8 participants
Thereafter per participant from DKK 325

TEAM BUILDING ACTIVITIES



PERFORMANCE / COLLABORATION / ENGAGEMENT

INDOOR CHALLENGE

Test your collaboration skills in a series of exciting indoor challenges

The Indoor Challenge offers a range of exciting activities that test the team's collaboration skills and the will to win. Participants are faced with tasks that require ingenuity, communication and planning. Through teamwork you learn to tackle challenges together. Strengthen relationships and create high engagement all round.



From DKK 8,000 for 8 participants
Thereafter per participant from DKK 375



INDOOR / 1½ - 3 HOURS



DIFFERENCES / COMMUNITY / STRENGTHS

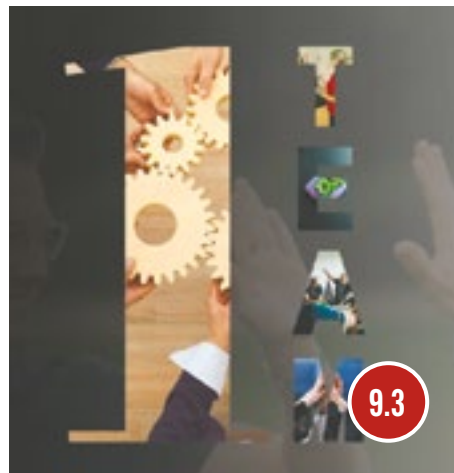
BRAIN GAME

Put your brains to the test with the team game that emphasises the value of differences

Differences are a strength in teams and make $1 + 1 = 3$ or more. Teams thrive by sharing knowledge and activating the intelligence of all members. Brain Game is a motivating team activity that helps you find the strength in your differences and improve your competences and collaboration through the 9 Intelligences.



From DKK 7,100 for 8 participants
Thereafter per participant from DKK 325



COLLABORATION / COMMUNICATION / STRATEGY

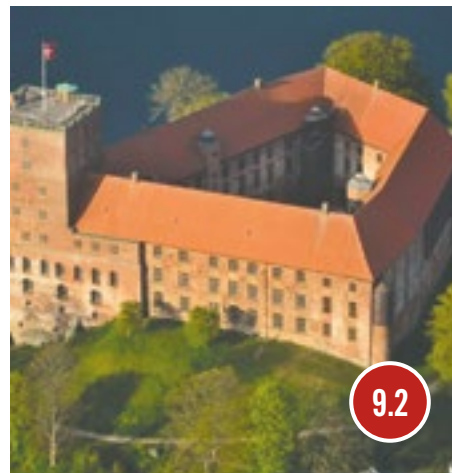
IN THE ZONE

Get in the zone with engaging challenges that strengthen your collaboration and business smarts

In the Zone is a dynamic organisation game that strengthens collaboration and strategy. Realistic challenges provide practice in teamwork, role allocation and budgeting - all to create a stronger team. A fun and instructive experience that brings you closer together and helps you focus on the common goal.



From DKK 9,800 for 8 participants
Thereafter per participant from DKK 475



EXPERIENCE / COMMUNITY / HAPPINESS

TEAMWORK THROUGH TIME AND SPACE

Take a journey through history where collaboration is the key to creating results

Teamwork through time and space invites you on a journey where collaboration is key to creating results. Participants will explore historical themes and solve tasks that require effective communication and teamwork. This experience provides a unique insight into how collaboration has shaped our past and present.



From DKK 6,600 for 8 participants
Thereafter per participant from DKK 325

TEAM BUILDING ACTIVITIES



COMMUNITY / MOTIVATION / COLLABORATION

LET'S MOVE

Get exercising and energise your team through active challenges

Ideal for multi-site locations. Experience exciting challenges in small teams where logic and creativity meet! One half works virtually, while the other explores the outdoors. Together you share knowledge and collect points - and there are plenty of laughs along the way! Half-way through, you switch roles to strengthen collaboration. Join now for an unforgettable experience!



From DKK 6,000 for 8 participants
Thereafter per participant from DKK 325



INDOOR / 1½ - 3 HOURS



CREATIVITY / COMMUNITY / COLLABORATION

FINDING ATLANTIS

Dive into the mystery and find your path to success through teamwork

Finding Atlantis takes you on an exciting journey filled with puzzles and mysteries.

Collaboration, creative thinking and problem solving are key to finding the hidden city. A unique on-line teambuilding experience that strengthens bonds!



From DKK 6,800 for 8 participants
Thereafter per participant from DKK 225



OUTDOORS / 1½ - 3 HOURS



COMMUNICATION / COLLABORATION / UNDERSTANDING

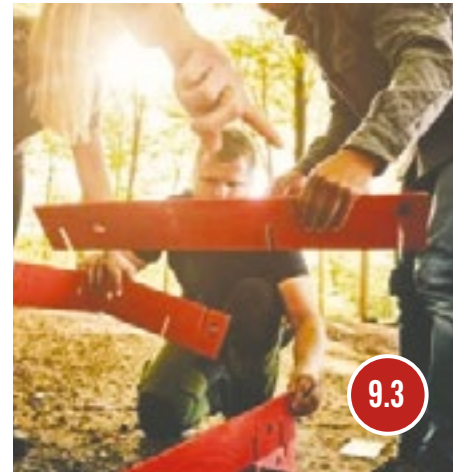
GPS ADVENTURE

Navigate through challenges and find solutions together where communication and collaboration are essential

Communication and collaboration are key to success! Participants navigate through challenges using GPS and good communication while solving tasks together. The activity strengthens team collaboration skills, teaches strategic thinking under pressure and provides the opportunity to see the world through different "glasses". Find the road to victory!



From DKK 9,400 for 8 participants
Thereafter per participant from DKK 550



PERFORMANCE / COLLABORATION / ENGAGEMENT

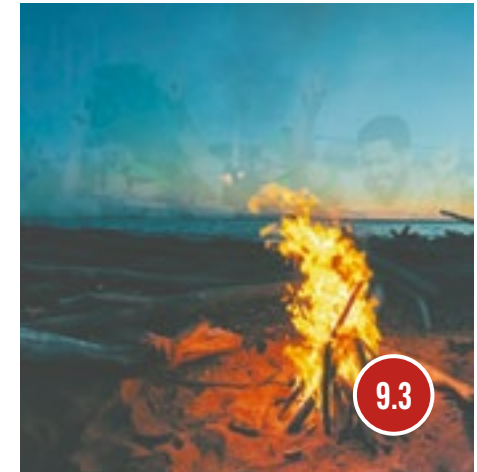
COASTZONE CHALLENGE

Challenge your limits in a series of exciting and fun activities where competition and collaboration are in focus The CoastZone Challenge turns teambuilding into an exciting experience with activities that challenge both competitive spirit and collaboration skills. Entertaining tasks that require teamwork and clear thinking. Strengthen relationships and foster a culture characterised by trust and collaboration. A challenge adds a huge energy boost to any programme.



From DKK 8,000 for 8 participants
Thereafter per participant from DKK 375

TEAM BUILDING ACTIVITIES



PERFORMANCE / COLLABORATION / ENGAGEMENT

EXPLORE THE ELEMENTS

Discover new aspects of collaboration in a series of exciting duels where the forces of nature take over and collaboration is seriously challenged

Welcome to "Explore the Elements", where we invite you to dive into the forces of nature through exciting duels that challenge your team's collaboration skills. Participants have the opportunity to combine their strengths and overcome obstacles while finding creative solutions. Let's explore and create unforgettable memories together!



From DKK 9,000 for 8 participants
Thereafter per participant from DKK 375



PULSE / PERFORMANCE / COLLABORATION

ADVENTURE RACE

An exciting race that tests both physical and teamwork skills in the wild

Are you ready to dive into the forces of nature through exciting duels that challenge your team's collaboration skills? Get the opportunity to unite strengths and overcome obstacles to find creative solutions using Fire, Water, Air and Earth as elements.



COMMUNITY / HAPPINESS / COLLABORATION

TEAMWORK IN NATURE

Find the magic in nature while building stronger relationships in the team. We combine exercises that suit your team

Fresh air and the quiet noise of nature create a unique setting for team building. Get away from the stresses of everyday life and let us develop a programme together that strengthens your bond. You'll get to know each other better and enjoy an unforgettable time outdoors. Sometimes it's simple surroundings that are the most magical.



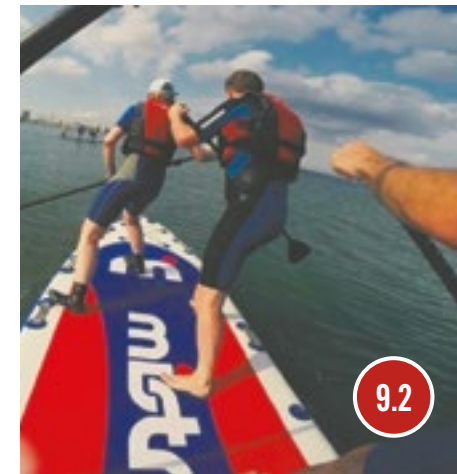
CREATIVITY / COMMUNITY / MOTIVATION

SPOT ON

Explore your neighbourhood and solve tasks that involve the whole team. A tablet-driven team activity with room for everyone

An exciting opportunity to explore the neighbourhood through tablet-driven tasks. You will work together to solve different challenges that involve everyone. The activity promotes collaboration and communication, while gaining a deeper understanding of the environment you're in. It's a fun, safe and interactive way to strengthen team bonds!

TEAM BUILDING ACTIVITIES



PULSE / MOTIVATION / COMMUNITY

OUTDOOR TEAM BUILDING

Explore the outdoors with activities that promote teamwork and communication

Discover our unique team packages where team building meets exciting sports activities on land and water! In teams of 5-7 people, you'll get your heart rate up while strengthening collaboration.

Our packages combine physical challenge with fun logical and creative tasks so everyone can contribute. Create unforgettable memories and strengthen your team spirit in the great outdoors!



From DKK 9,400 for 8 participants
Thereafter per participant from DKK 550



From DKK 7,100 for 8 participants
Thereafter per participant from DKK 325



From DKK 8,000 for 8 participants
Thereafter per participant from DKK 375



From DKK 13,200 for 8 participants
Thereafter per participant from DKK 650



OUTDOORS / 1½ - 3 HOURS



9.6

COLLABORATION / FOCUS / PERFORMANCE

RUSH HOUR

Experience the thrill of working together under time pressure in fun challenges

Rush Hour challenges teams to work together under time pressure in fun and exciting activities. Participants must quickly find solutions and support each other to reach the goal. This intense experience strengthens bonds and promotes effective communication, making it a fresh team building experience at full speed.



From DKK 7,100 for 8 participants
Thereafter per participant from DKK 325



9.2

MOVEMENT / CREATIVITY / MOTIVATION

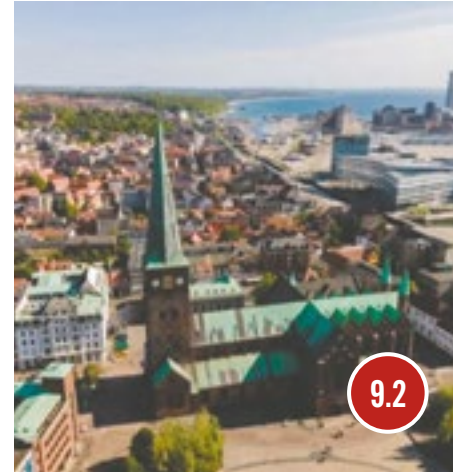
URBAN EXPERIENCE

Immerse yourself in city life and learn to navigate as a well-functioning team with a tablet in hand and tasks to solve together

Urban Experience allows the team to explore city life while collaborating on tasks. With a tablet, you'll learn how to navigate the urban environment, which strengthens collaboration skills. The activity combines fun with learning and promotes cohesion, which also makes it ideal for larger groups.



From DKK 6,600 for 8 participants
Thereafter per participant from DKK 325



9.2

MOVEMENT / CREATIVITY / MOTIVATION

AARHUS EXPERIENCE

Explore Aarhus with activities that focus on fun coupled with team building

Participants will work together to solve tasks that promote collaboration and communication. This experience creates unforgettable memories and strengthens team relationships while discovering Aarhus. Explore Aarhus with a tablet in hand and activities that combine fun and teamwork. We have the possibility to tailor assignments to your business, values and the like.



From DKK 6,600 for 8 participants
Thereafter per participant from DKK 325

TEAM BUILDING ACTIVITIES



9.2

COMPETITION / COMMUNITY / COMBAT

THE SOUL OF TIVOLI

Experience the magic of Tivoli as you bond through fun activities

Feel the magic and be together in beautiful surroundings. Equipped with tablets, you will be guided in small teams to cosy spots around the garden where you have to solve tasks and answer quizzes correctly. There is a nice competitive element with the other teams, so it's all about thinking tactically and having close dialogue with your teammates.



From DKK 6,600 for 8 participants
Thereafter per participant from DKK 325



COMMUNICATION / COMPETITION / COLLABORATION-OPERATION

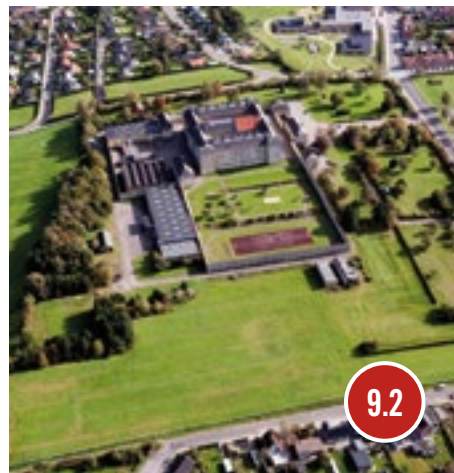
TIVOLI TEAM ADVENTURE

Create memories with the team in an adventurous journey through the enchanting world of Tivoli

In the middle of fantastic Tivoli, you get the opportunity to strengthen your communication. You'll be split into a field and base team, which requires good coordination and tremendous collaboration to reach the finish line together! You switch roles and experience the importance of good communication from different perspectives. Prioritise the information you share and collaborate across geographies.



From DKK 9,400 for 8 participants
Thereafter per participant from DKK 550



COLLABORATION/ CREATIVITY/ COURAGE

THE GREAT PRISON ESCAPE

Collaborate to solve tasks and escape the challenges of the prison

The Great Prison Break invites you to work together to solve tasks and overcome challenges. Participants must think creatively and communicate effectively to successfully escape. This exciting activity strengthens teamwork skills and creates a sense of shared purpose and achievement.



From DKK 8,000 for 8 participants
Thereafter per participant from DKK 375



CREATIVITY/MOTIVATION/COMPETITION

THE PATH OF WILLPOWER IN PRISON

Explore willpower and collaboration in an exciting challenge in an alluring setting

The path of willpower in prison challenges the team to explore will and collaborate in a unique setting. Through exciting tasks, participants must work together to overcome obstacles and find solutions. This activity fosters strong relationships and shows how teamwork can lead to success, even under pressure. The activity is run via tablet and takes place outside the prison walls.



From DKK 7,240 for 8 participants
Thereafter per participant from DKK 405

TEAM BUILDING ACTIVITIES



COLLABORATION / COMMUNITY / CULTURE

TEAM CONSTRUCTION

Build not only structures and good processes, but also strong relationships within the team

Team Construction supports your focus on the "shared outcome". Together we are stronger. The activity will strengthen the community through a dynamic building process. Consider imaginative devices from cartoons where every link is important in the chain reaction. Bring your resources into play and create an impressive structure together with your colleagues.

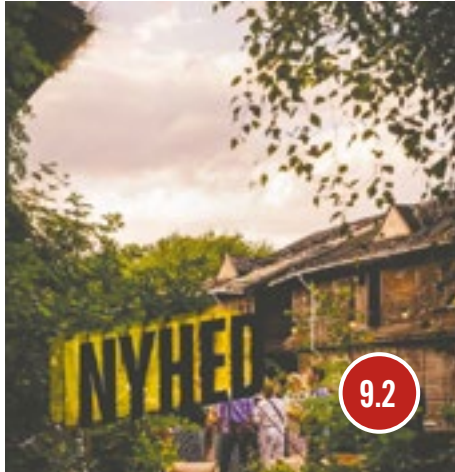


From DKK 11,160 for 12 participants
Thereafter per participant from DKK 430



OUTDOORS / 1½ - 3 HOURS

TEAM BUILDING ACTIVITIES



9.2

MOTIVATION / COMMUNITY / INSIGHT

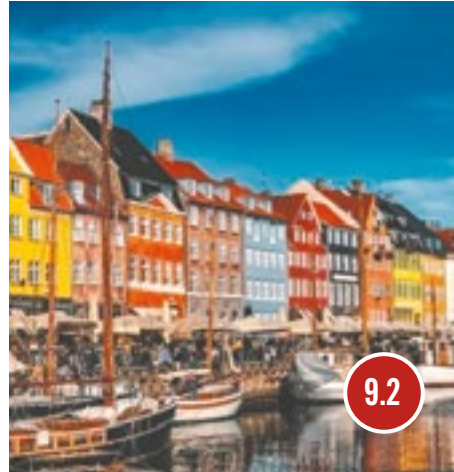
SUSTAINABILITY ON TRACK

Gain insights and shared experiences through interactive and engaging activities

The team activity takes you through key sustainability themes such as resource consumption, biodiversity, energy use and circular economy. Can your team become carbon neutral? Limit your climate impact by working smart and experience the area around BaneGaarden in Copenhagen, which is your interactive game board.



From DKK 6,600 for 8 participants
Thereafter per participant from DKK 325



9.2

EXPERIENCE / COMMUNITY / COLLABORATION

COPENHAGEN EXPERIENCE

Explore Copenhagen's hidden gems while strengthening team bonds

Take an exciting journey through Copenhagen's hidden gems with Copenhagen Experience! Explore the city with a tablet in hand as you complete tasks and work together to strengthen team bonds. This activity combines sightseeing with team building, creating unforgettable experiences that will bring the team closer together.



From DKK 6,600 for 8 participants
Thereafter per participant from DKK 325



9.6

COMPETITION / CREATIVITY / MOTIVATION

COASTZONE GAMES

CoastZone Games: Join us for fun, challenging team activities that promote teamwork and collaboration in a compelling setup

The CoastZone Games offer a range of fun and challenging activities that promote teamwork and collaboration. With the flame lit, flags flying and a great atmosphere, participants will be challenged with tasks that require creativity, communication and strategy. The attractive setup creates an energising atmosphere where the team can develop relationships and achieve common goals.



From DKK 29,750 for 8 participants
Thereafter per participant from DKK 475



DEVELOPMENT

DEVELOPMENT

THROUGH ACTIVE LEARNING WE DEVELOP PEOPLE

**IN ORGANISATIONS AND TEAMS —
FOR IMPROVED BEHAVIOUR AND PERFORMANCE**

We know the importance of putting words into action in everyday life. We are capable of and prioritise making development operational and tangible for everyone.





TURN WORDS INTO ACTION WITH COASTZONE

In a world where words often flow freely, taking the step from theory to practice is crucial. At CoastZone, we understand that real change requires more than just talk - it requires action. Our ambition and passion is clear: to make development tangible and accessible to everyone.

We are born with a basic DNA from the universe of team building, where we know what happens when we are active together and build on our relationships. This deep understanding underpins our approach to development. We know that real change doesn't just happen in meeting rooms, but in the moments when we engage with each other, share experiences and create relationships that last.

At CoastZone, we're not just a collection of inspiring consultants; we're your partners in change. **Our dedicated team works purposefully with management groups and teams over short and long periods of time. We integrate theory with effective tools and methods that enable you to strengthen trust, understanding, collaboration and communication in everyday life.** Our approach to active learning is designed to empower everyone to develop and play an active role in achieving your shared ambitions. Here, relationships become not just part of the development process, but the very foundation of it.

We believe that action and results go hand in hand. **Together, let's create a culture where development is not just an ambition, but a concrete reality.** Take the first step towards a better future - with CoastZone by your side. Together, we can turn words into action and create inspiring results that last.

→ **SEE WHAT'S TRENDING IN TRAINING AND DEVELOPMENT OF EMPLOYEES, TEAMS AND LEADERS**

cultural change

mentor + coaching

GOAL SETTING AND FOLLOW-UP

BEHAVIOURAL PROFILES

collaboration

PRESENCE & WELL-BEING

DiSC **UNDERSTANDING DIFFERENCES**

conflict resolution and feedback culture

EFFECTIVE COMMUNICATION

Insights. Knowledge + Inspiration

TRUST

THE ROAD TO HIGH PERFORMANCE

insights that deliver

*leadership development with
proper leadership tools*

LECTURES ON ACTIVE LEARNING

REPORTS AND PERSONALISED FEEDBACK - WHO AM I?

remote and hybrid

One team - community and collaboration

INNOVATION AND CREATIVITY

the new leader team

TOOL FOR DEVELOPMENT

THE FIVE BEHAVIORS OF A COHESIVE TEAM[®]

The **Five Behaviors of a Cohesive Team**[®] is one of the most recognised learning concepts in team development worldwide. The model was developed by American Patrick Lencioni and the technology that forms the basis for the data that gives you targeted interventions and measurable results in your team development is known from the profile tool DiSC[®].

→ **INDIVIDUAL TRAINING / DAY WORKSHOPS, HALF OR FULL DAYS / PROGRAMMES WITH TEAMS AND MANAGEMENT GROUPS**
TRAINING IN E.G.: TRUST AND PSYCHOLOGICAL SECURITY

Focus on shared results Ultimately, trust, conflict, commitment and responsibility make it possible to create better results together.

Hold each other accountable With a joint action plan, it's easier to hold each other accountable for agreements, deadlines and deliverables.

Commit to decisions When you exchange views and professional opinions, you are more likely to commit to joint decisions.

Get involved in conflicts If you trust each other, you can engage in healthy, constructive and productive conflicts without a filter.

Build trust in each other The foundation of collaboration is trust built on openness, honesty and vulnerability.



EVERYTHING DISC®

Everything DiSC® is an in-depth profiling tool known and used worldwide. The profile makes a great compass because it accurately identifies individual priorities, preferences and potentials. On an individual and relationship level, you'll get concrete strategies to work with behavioural patterns and collaboration - in an easy-to-understand and constructive language.

- **PERSONALISED TRAINING**
 - **DAY WORKSHOPS**
 - **PROGRAMMES WITH TEAMS AND MANAGEMENT GROUPS**
- TRAINING IN E.G.: YOUR COLLABORATION WITH AND UNDERSTANDING OF YOUR DIFFERENCES IN YOUR PARTICULAR TEAM**

- Understand each other better with a common language
- Optimise collaboration and well-being
- Develop leaders and employees at all levels
- Build teams with an ideal breadth of competences
- Strengthen internal communication and target customer dialogues
- Make better decisions as individuals and teams
- Match the job with the right employee
- Maximise the impact of your efforts and results
- Learn to conflict in a constructive and stimulating way



INSIGHTS®

Insights® is the most widely used profile tool around the world. The Insights® Discovery profile is best described as a lifelong learning plan that provides insights into your own behaviour and strategies for developing stronger relationships. With precision, simplicity and colours, the specific traits and unique combination of strengths, weaknesses and blind spots are revealed.

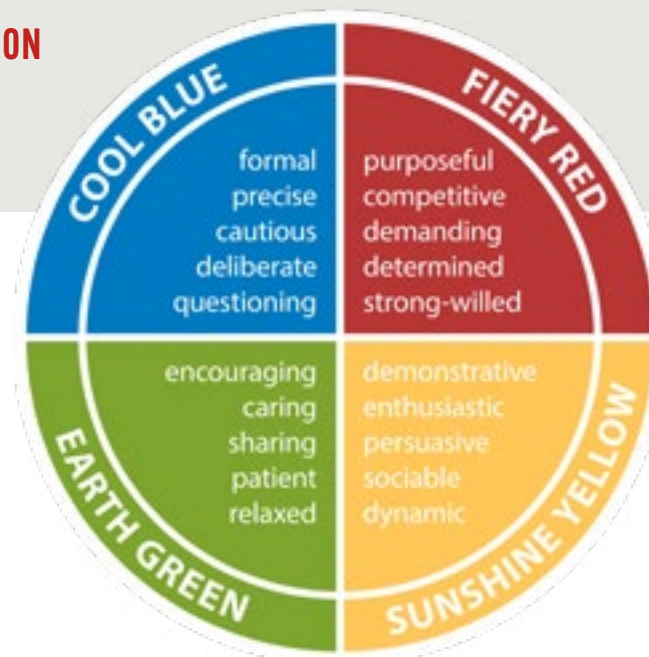
→ **PERSONALISED TRAINING**

→ **DAY WORKSHOPS**

→ **PROGRAMMES WITH TEAMS AND MANAGEMENT GROUPS**

**TRAINING IN E.G.: EFFECTIVE COLLABORATION AND COMMUNICATION
BASED ON YOUR DIFFERENT PROFILES AND COLOUR ENERGIES**

- Initiate self-development and team development
- Understand each other better with a common language
- Optimise collaboration and well-being
- Develop leaders and employees at all levels
- Build teams with an ideal breadth of competences
- Strengthen internal communication and target customer dialogues
- Make better decisions as individuals and teams
- Match the job with the right employee
- Maximise the impact of your efforts and results





LEGO® SERIOUS PLAY®

Do you need to mobilise the hidden resources and ideas in your organisation? LEGO® SERIOUS PLAY® is the perfect way to open the door to innovation and creativity across teams and departments. Through a structured process, we use LEGO® bricks to communicate and share knowledge.

Innovative and effective:

LEGO® SERIOUS PLAY® methodology is developed based on research showing that hands-on learning creates a deeper and more meaningful understanding of the world around us. By using LEGO® bricks, we dive into the reflection process and support an effective dialogue for everyone in the organisation.

Make the messages tangible:

Instead of limiting you to the spoken or written word, LEGO® SERIOUS PLAY® makes the messages visual, auditory and kinaesthetic. This means that we engage different senses and approaches to ensure

that all participants have the opportunity to understand and contribute in their own unique ways. This approach makes dialogue more constructive and tangible, which in turn makes it easier for everyone in the organisation to understand and engage.

Multinational focus:

LEGO® SERIOUS PLAY® is particularly suited to multinational collaboration, with the ability to transcend language and cultural differences. In today's business world, where diversity is a strength, this approach is essential for building understanding and collaboration across borders.

Create your customised programme:

With us, each LEGO® SERIOUS PLAY® programme is tailored to your specific needs and issues. A typical workshop lasts 3-4 hours and is customised for your purposes.

→ **INDIVIDUAL TRAINING / DAY WORKSHOPS / PROGRAMMES WITH TEAMS AND MANAGEMENT GROUPS. FOR EXAMPLE, USE LEGO TO ACTIVELY WORK WITH YOUR TEAM DYNAMICS, STRATEGY AND CULTURE**

GOAL MAPPING®

Goal Mapping is a unique approach to mapping and achieving your goals developed by British author and speaker, Brian Mayne.

With Goal Mapping, we go beyond simply defining your goals - we also create the framework to establish a concrete plan to achieve them.

One of the biggest benefits of Goal Mapping is that it helps you break old habits and create positive change.

Whether it's about your own or the team's professional goals, Goal Mapping enhances focus and motivation.

What does a Goal Mapping process look like?

That depends on your specific goals and chal-

lenges. We tailor the programme to you and your team and guide you through the process of defining and achieving your goals.

Goal Mapping is not just a theoretical approach to goal setting.

It's a practical method that combines the conscious mindset with the subconscious action to ensure you reach your goals effectively.

Goal Mapping activates your subconscious mind through concepts such as "The Winning Edge" and the "DAC factor" (Drive, Attitude and Confidence), giving you invaluable insight into the value of positive thinking and action.



→ **INDIVIDUAL TRAINING / DAY WORKSHOPS / PROGRAMMES WITH TEAMS AND MANAGEMENT GROUPS FOR EXAMPLE,
WE USE GOAL MAPPING TO ENSURE CLARITY AND A CREATIVE APPROACH TO GOAL SETTING, STRATEGY AND DEVELOPMENT**

BRING BEHAVIOURAL PROFILES TO LIFE



INTERACTIVE GAME / MOVEMENT / BEHAVIOUR PROFILES

SPOT THE PROFILE

Walk 'n' talk focusing on the use of profiles...

Spot the profile combines fun activity with learning about personal profiles. It's an interactive game that gives you the opportunity to talk about differences and try out your dynamics in practice. Using tablets, you can navigate around outdoors between a wide range of spots and get your head and body moving. In each task, share your perspectives on questions and scenarios.

This is a unique and good opportunity to ensure that you anchor and repeat the messages about the profiles' differences, communication strategies, etc.



1 ½ - 3 hours on request



Outdoors



From DKK 6,000 for 8 participants

Thereafter per participant from
DKK 325



ANCHORING TOOL / COMMUNITY / BEHAVIOUR PROFILES

LET'S TALK PROFILES

The dialogue opens up and involves everyone...

Let's Talk Profiles is an interactive dialogue tool that opens up the conversation about your differences across profiles.

You get real answers on how to actually succeed in using DISC® or Insights® more actively in everyday life. This safe framework builds trust and creates a foundation for stronger collaboration and better results. After the training day, you get a report with all the answers for further development.



1 ½ - 3 hours on request



Indoors



From DKK 6,000 for 8 participants

Thereafter per participant from
DKK 325



EVENT +

WHAT CAN THE EVENT+ TEAM

We are not a classic event agency – we are constructed on the foundation of Denmark's strongest team building and development organisation and ensure valuable events with a focus on profit.

WITH MORE THAN 25,000 EMPLOYEES ANNUALLY ATTENDING OUR EVENTS, WE ARE DEDICATED TO CREATING A WELL THOUGHT-OUT COMMON THREAD, GOOD LOGISTICS AND SECURITY.

HELP YOU WITH?

5 INSIGHTS ABOUT EVENT+

- + 20 years of experience and more than 12,500 events held
- + Large capacity with 160 in-house qualified instructors from our CoastZone Academy
- + Focus on the optimal yield through thoughtful participant engagement, logistics and safety
- + Develops specific events in collaboration with customers
- + Makes things present and not too fancy for low-tech solutions, but also not shy of including technological tools

WHEN DO CUSTOMERS USE EVENT+

Event+ is the ideal solution when planning larger events with over 100 employees.

Whether it's a summer party, kick-off, end-of-year celebration or product launch, Event+ can help take your event to new heights.

When you choose Event+, you enter a world of customised solutions that ensure every aspect of your event is carefully planned and executed.

We understand that a successful event is not just about bringing people together, but about creating a unique experience that leaves a lasting impression.



We love effective events

Our team of experts will work closely with you to develop a concept that perfectly matches your needs and goals. We take care of everything from the first brainstorm meeting to the final evaluation after the event.

OUR APPROACH ENSURES THAT THE FRAMEWORK AND CONCEPT ARE FINE-TUNED FROM A-Z SO YOU CAN FOCUS ON WHAT REALLY MATTERS: ENGAGING YOUR EMPLOYEES AND CREATING AN UNFORGETTABLE EXPERIENCE.

Logistics and security simply must work

We understand that there's a lot going on behind the scenes that isn't always visible to participants. That's why we emphasise logistics and security, so you can rest assured that everything will run smoothly. Our professional team is ready to handle everything from venue selection and catering to technical support and security measures. We ensure you have peace of mind and that your event is both safe and well organised.

Customised solutions that meet your expectations

Our goal is to exceed your expectations. We listen carefully to your vision and ensure we deliver an event that not only fulfils, but exceeds your dreams. With Event+, you don't just get a supplier, but a partner dedicated to making your event a success.

AT A TIME WHEN IT'S IMPORTANT TO CREATE MEANINGFUL CONNECTIONS AND MEMORABLE EXPERIENCES, EVENT+ IS THE CHOICE THAT BRINGS VALUE AND QUALITY TO YOUR EVENTS. LET US HELP YOU REALISE YOUR NEXT BIG EVENT - WE ARE READY TO MAKE IT AN UNFORGETTABLE EXPERIENCE!



UPGRADE, DOWNGRADE - CUSTOMISED TO YOUR NEEDS

BASIC PACKAGE +

Everything you need to get started with your big corporate event.

- + Initial dialogue with identification of purpose and results
- + Sparring about content and how it fits in relation to results
- + Help with location selection and logistics
- + Targeted dialogue on participant involvement
- + Concrete activities that match the company's values and desires
- Decoration suggestions for the event
- Entertainment, compère and coordinator for the event following agreement
- Registration and follow-up management, and handling of special requests on an ongoing basis

EXTENDED ++

Create an extraordinary corporate event with comprehensive and original solutions.

- + All services from the basic package
- + Decoration suggestions for the event
- + Transport suggestions to and from location
- + Help with invitations and grouping for the event
- + Catering that matches the event budget
- Registration and follow-up management and handling of special requests on an ongoing basis
- Project management before, during and at the wrap-up of the event

EXCLUSIVE +++

Discover a complete and customised solution for large corporate events you won't forget.

- + All services from the basic and extended package
- + Registration and follow-up management and handling of special requests
- + Project management before, during and at the wrap-up of the event
- + Facilitation of the day so that both management and employees can sit back and be present during the programme
- + Optional extras such as facilitated prize-giving, music, entertainment and more.

WHO IS COASTZONE?

At CoastZone, we develop teams and nurture job satisfaction all year round. Outdoors, indoors, online, at your premises and in beautiful hotels and conference centres, we cultivate collaboration and create the foundation for development and growth in Danish business.

- **FOUNDED IN 2004**
- **OFFICE IN THE PIPELINE AND RUNGSTED**
- **25,000 PARTICIPANTS ANNUALLY**
- **9.4 IN CUSTOMER SATISFACTION**
- **ALMOST 90% OF OUR CUSTOMERS USE US AGAIN AND AGAIN, AND THE OTHER 10% ARE PROBABLY THINKING ABOUT IT**
- **160 BEATING COASTZONE HEARTS MAKE US READY TO MOVE FAST ON YOUR NEEDS**

We love personal contact! Call or write to CoastZone – whether you have an idea, a question or just want to brainstorm. Let's create something memorable together!
Call +45 7077 0077 or write to info@coastzone.dk



COASTZONE ACADEMY



FERTILE GROUND FOR DEVELOPMENT

Training and development is the be-all and end-all in CoastZone. We have a strong passion for sharing our knowledge and experience - not only with the world around us, but especially within our own ranks. Because if we want to make a difference for others and keep making a difference, we need to keep telling our story and developing the way in which we work with people. We do this through training at our CoastZone Academy.

AT COASTZONE ACADEMY WE WORK WITH OUR EMPLOYEES

The goal is for employees to understand and practise CoastZone's core philosophy and develop personally based on team goals and the needs of the business world.

MINDSET AND BEHAVIOUR TRAINING, FRAMEWORKS AND EXERCISES

Personal hunger for development is a requirement for all employees. Through employment, we expect our employees to strive for learning in the form of knowledge and practical experience. **At CoastZone Academy, we provide experienced instructors and qualified training to expand your personal toolbox and create a foundation for development.** Here we provide training in mindset and behaviour, frameworks and exercises.

The Academy's instructors are passionate and solution-oriented with a wide range of expertise in team and talent development. All courses and training programmes are based on recognised theories and well-documented methods that are executed in the active learning form, Experiential learning. CoastZone's way and mindset has been shaped and refined through 20 years of practical work.

Each programme meets CoastZone's own quality requirements, which form the basis for the standards of the Danish Association for Teambuilding and Leadership Training. **All certifications follow international guidelines and requirements.**

160 affiliated instructors, programme managers and consultants across Denmark. They have different educational backgrounds and a shared passion for creating movement in people.

CUSTOMER CASE

AS3



GOAL

AS3 wanted a party venue for over 300 participants with communal activities and good humour. It should emphasise the company culture and reduce administrative tasks such as coordinating and participant registration.

SOLUTION

CoastZone delivered a successful anniversary event with team building and a party that received a lot of positive feedback. We also succeeded in simplifying sign-ups, registration and transport coordination.

RESULT

Together we created a memorable experience for AS3 with well-planned activities and satisfied participants. Coordination and execution came together.

FEEDBACK

"We've been delighted to work with CoastZone, who played a crucial role in ensuring that our 35th anniversary in AS3 was a fantastic experience. The initial dialogue was with Jakob Blok Grabow, Managing Director, who quickly understood our needs and presented a tailor-made solution for our team building event. We agreed that CoastZone would also take care of the registrations and coordination of transport on the day. This is where Tabitha Nielsen, Head of Production, took over and became our main contact person in the months leading up to the event. Tabitha and I were in close dialogue almost daily in the last weeks and her help was invaluable. All in all, the collaboration with CoastZone has fully lived up to our expectations and we are very pleased with the result."

Anne Møller Gross, HR Consultant

CUSTOMER CASE

NYKREDIT



GOAL

This is the first time we bring together Nykredit DCI across the locations in Warsaw, Aalborg and Copenhagen. Therefore, it is important that it is an engaging and rewarding experience that makes a difference.

SOLUTION

Given that participants need to play well with each other to achieve the best result in today's challenges, it is prioritised as the recurring theme and what is worked on to achieve a result in just 1½ hours. We utilise the possibilities inside the Docken Nordhavn location and create a different universe that takes your mind away from your daily work.

RESULT

The event in Docken Nordhavn was a great success. The efficient planning and coordination ensured a smoothly run event for the many participants. The atmosphere was characterised by high energy and engagement, making for a great day. The goal of strengthening collaboration and relationships across DCI was achieved through fun and interactive activities.

FEEDBACK

At Nykredit DCI we are very pleased with the collaboration with CoastZone. Their professionalism and ability to get all participants involved and engaged made a big difference to our DCI Event. We look forward to future collaborations and highly recommend CoastZone to others.

Stella Falster Sommer, Executive Secretary

CUSTOMER CASE

IDA



GOAL

Since 2022, CoastZone and IDA Conference have collaborated to continuously support the management team, strengthen cross-team collaboration and implement The Five Behaviors of a Cohesive Team and DiSC profiles as communication tools. With a new management team and several strategic business initiatives, the need arose to engage the entire organisation in a common development journey that ensures coherence, commitment and stronger collaborative relationships across the organisation.

SOLUTION

The management team worked with trust and culture (DiSC & Five Behaviors). The programme lasted two days with a focus on establishing trust and getting a common picture of top priorities for culture development.

Employees participated in culture workshops (based on Edgar Schein). CoastZone gathered all the input - categorised and condensed it and, in close collaboration with the management team, selected the most important initiatives. From there, the strategy was updated with a focus on employees and culture. The development process extends over five months with follow-up in 2025.

RESULT

There's no doubt about it. Unity, increased focus, greater understanding of shared priorities, increased trust and a positive development on feedback.

A common language and increased cultural focus all round.

FEEDBACK

"Working with CoastZone has created tangible results both in the management team and across the organisation."

Pia E. Remilliard, General Manager

CUSTOMER CASE

DANBOLIG



GOAL

The purpose of the day was to strengthen collaboration and understanding across stores. By bringing all colleagues across stores and work areas together, we wanted to create a stronger shared sense of how we can support each other's work and contribute to even better collaboration on a daily basis.

SOLUTION

The day consisted of various team building exercises where we worked in mixed groups to solve tasks together. The exercises showed us the value of close collaboration and how to use our individual strengths. We had the opportunity to see each other's working methods in a new context, which was instructive, entertaining and rewarding. Indoor challenge with a bit of fresh air suited the target group perfectly.

RESULT

The event was a success, with everyone actively participating and contributing with their own perspective. The atmosphere was characterised by openness and engagement, and it was clear that we gained a greater understanding of each other's strengths.

FEEDBACK

We found the day to be both inspiring and rewarding. The tasks required strategy, creativity and collaboration, and we saw how our different strengths complemented each other. It was great that the exercises were so varied - some challenged us physically, while others put our problem-solving skills to the test. In some tasks, it was the details that made the difference, while others required someone to take control and stay on top of things. The combination of activity and reflection allowed us to challenge ourselves and each other in a fun and meaningful way.

Claus Dalsgaard, owner, Danbolig

CUSTOMER CASE

DIS



GOAL

DIS/CREADIS wanted to bring the Danish organisation together, dive deeper into leadership principles and create meaningful shared experiences through active learning and team building. The main criterion of success was for all participants to have a good time together, participate in joint activities and get to know each other better.

SOLUTION

DIS/CREADIS chose a total solution that included a corporate event from A-Z with CoastZone in charge of the full planning, coordinating, development and execution of the three-day event. It was an "easy" way to ensure a coherent and well-executed event where HR and management were "only" involved in decisions and not the actual roll-out and execution. HR and management could participate on an equal footing with other employees. All in all, easy, safe and convenient for the customer.

RESULT

After the event, CoastZone and the customer conducted an evaluation where the event scored 9 out of 10 on a 10-point scale. A great score with so many participants and different content elements. All 280 participants were extremely satisfied with the programme, venue and duration, which was well adapted to balance time with work and personal life.

FEEDBACK

"With CoastZone as a partner, nothing is left to chance and organisers can feel confident in both the planning and execution phases. Throw 10 balls into the air and CoastZone manages to catch them all and place them perfectly, like pearls on a string. It gives you peace of mind and the certainty that things are under control. If unforeseen challenges arise, CoastZone always finds a solution, which means that organisers can enjoy the event and participate on equal terms with everyone else."

Stine Friis Stampe, HR Project Coordinator

CUSTOMER CASE

DECO



GOAL

From Deco, there was a burning desire to create a common language and toolbox for team management and collaboration in the team leader unit. In other words: Increase collaboration, knowledge sharing and consequently employee well-being - and job satisfaction. Ultimately also an increased clarity on what is expected - when is "I am a success" and when is "we are a success"

SOLUTION

- Pre-analysis: Interviews with involved parties for a clear picture of needs and challenges.
- Introduction to Management Tools for Managers.
- Personal Leadership: Working with the DiSC model, including individual sessions
- High Performance Team Days: Focus on building and development
- Online Anchoring follow-up: Half-day including one exam day
- Team day for the Sales team: Full-day team day for the entire sales team to strengthen collaboration and community.

RESULT

From the beginning, Deco has seen development as a journey rather than a quick fix. This approach has ensured an impressive development journey characterised by readiness and commitment. Through regular check-ins with management, CoastZone has been close to the business.

FEEDBACK

"This process has been extremely exciting and rewarding for all parties. We've gone from having a group of Team Leaders to now having a Team Leader team - Big difference! Overall, everyone has put a lot of resources into the programme. Internally, we have prioritised the training highly, both theoretically and practically, but there is no doubt that the strength lies in our strategic planning and facilitation throughout the process, where CoastZone has simply delivered a fantastic piece of development work."

Lars Christensen, Shop At Home Director & Head of Recruitment

FREE INSPIRATION

WE OFFER A LOT OF FREE INSPIRATION TO HELP YOU DEVELOP AND CHALLENGE YOUR CURRENT METHODS

At CoastZone, we believe that true value is created when we share our knowledge. When we give, we also get something back – as humans, movement is created. We invite you to join us on our journey in team building, employee events and the development of teams and leaders.

Whether you want to motivate your team or strengthen the leadership in your organisation, we have the resources to create change. Be among the first to gain insights into the latest trends and strategies in team building, development and events. Let's create a future together where we improve ourselves and inspire others.

- **WEBINAR**
- **VIDEOS**
- **ARTICLES**
- **GUIDES**
- **INSPIRATIONAL EVENTS**
- **NETWORKING TALKS**



FOLLOW COASTZONE
- YOUR SOURCE FOR MOVEMENT



THIS IS WHAT OUR CUSTOMERS SAY

REAL PEOPLE, REAL MOVEMENT, THE CUSTOMERS' STORIES - YOUR GUARANTEE OF QUALITY

Absolutely fantastic team building activity! CoastZone managed to give us something that was company specific and required walking around a local town - it was brilliant and everyone could participate. We will use them again!

Lise Fischer Petersen, Executive Assistant, LEGO SYSTEM A/S

Everything worked well. From first contact and throughout the event. This was really done as a full event including organisation of accommodation, food and games which saved us a lot of time.

Kjeld S Christensen, GRUNDFOS A/S

A good day all round. With a good mix of 'classroom instruction' and team building. There was room for both professional and personal sparring, and there was a relaxed and humorous atmosphere throughout.

Trine Hundebøl Christensen, Executive Secretary, SYDDANSK UNIVERSITETSHOSPITAL - Esbjerg Hospital, Grindsted Hospital

Super cool and well thought-out programme. There was room for laughter and personal development, while we grew closer as a team.

Camilla Aarenstrup Ranneries, Novo Nordisk A/S

We booked CoastZone to inspire us about communication. We found that CoastZone was quick to understand our needs, utilise phrases and tools we already have and work them into a new programme. The best part was the day itself, as things that came up in the dialogue with the employees were addressed and worked into the topic on the day itself, as it occupied the employees a lot.

Lene Hadbjerg, Customer Service Manager, DOMEA.DK

Team cohesion is an invaluable resource that you can never have enough of. CoastZone are experts in facilitating and empowering it through engaging and targeted activities that truly support our collaboration.

Jan Due Haahr Pedersen, Executive Assistant, ID IDENTITY

It was a fun day full of inspiring takeaways to strengthen our team. We feel closer to each other already and the experience has built momentum to continue on that path.

Irene Rodríguez Meizoso, Quality Assurance Manager, HEMOCUE AB

Absolutely amazing team event - cool exercises, great CZ team that made everyone feel motivated and engaged.

Charlotte L. Lundsgaard, VATTENFALL A/S

At Nykredit DCI we are very pleased with the collaboration with CoastZone. Their professionalism and ability to get all 550 participants involved and engaged made a big difference to our DCI Event. We look forward to future collaborations and highly recommend CoastZone to others.

Stella Falster Sommer, Executive Secretary, NYKREDIT DCI

It was a great event where all the exercises and the reflective discussions after each exercise anchored the learning in the different DiSC profiles and provided many 'aha' moments and new perspectives along the way. At the same time, there was a great atmosphere and CoastZone's consultant was able to adapt their stories and exercises to our team. I felt that there was a very good match between the expectations we had before the event and the content of the event itself, and we felt that it was tailored to us and well prepared. A big round of applause and thank you for a great day together.

Mads Jelbert Mikkelsen, COLOPLAST A/S



COASTZONE YOUR PARTNER FOR LONG-TERM RESULTS AND GOOD DAYS

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